

The Parkstone Dental Practice

Fissure Sealants

Fissure sealants have now become a well-proven method for preventing decay. They seal the 'cracks' or 'grooves' in the back teeth 'fissure sealing'

These should be carried out on the four 1st permanent molars a few months after they come through. Usually at 6-8 years. Other teeth are sealed later on if necessary, but the first molars are very much at risk at this age.

'Preventing the first cavity is so important'

The second permanent molars are sealed at about 14 years old. The cost of fissure sealing will more than pay for itself later, and they do not need replacing.

They are carried out once on each tooth and although they wear down over the years, there is generally no need to replace them.

Parents have only to look at their own molars to see the effect of decay. At the present time a crown costs about £500. Imagine how much that will be when your children are 30!

Routine dental checkups inspect the sealants regularly to ensure that they continue to do their job.



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