

The Parkstone Dental Practice

Post Operative Care for Smile Lift Procedures

Congratulations! You've just experienced a revolutionary cosmetic procedure which has transformed your smile. The next few weeks are important in enhancing and maximising your smile lift results. You will begin to adapt to the changes in your bite and notice areas which you feel may need adjusting at your next appointment. For a long lasting, bright and healthy smile it is imperative to maintain an immaculate oral hygiene regime.

Make your follow up appointment in a week's time to see your dentist.

For the next 24 hours avoid hot drinks such as tea or coffee or until numbness wears off.

Avoid eating sticky sweets such as toffees.

It is very important that your oral hygiene and home care is maintained to the highest of standards and that all hygiene appointments are attended. Continue to brush your teeth as normal and to use other dental aids as advised by your dentist.

Discomfort; only minor discomfort should be experienced such as mild sensitivity. Avoid very cold or sweet foods. If the sensitivity is severe, a painkiller such as Paracetamol or Ibuprofen will help. Place 'sensitive' toothpaste directly into the tooth over night, this will help settle the discomfort.

CONTACT THE SURGERY IF: numbness persists for more than 24 hours after treatment or excessive pain.

Enjoy your new smile; wear it with confidence and pride!!



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